



**LOCATION:**

Vineyard Columbus  
6000 Cooper Rd.  
Westerville, OH 43081

**COST:**

\$45.00 per couple  
**FREE** for VC Members

*(Includes: Training Manual  
and LIMRI and  
Couples DISC Inventories)*

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Life In Motion  
Resources



**LIMRI & Coach Training**

Learn how premarital,  
marriage, and parent  
coaching enriches  
relationships in your  
congregation and  
community.



***Couples and parents giving away  
the grace and strength that God  
has placed in their relationships  
and family life***



### **Why is Coaching Needed?**

- Couples learn best when they have a model to follow.
- Short-term coaching can be a very effective way to empower couples to develop healthy patterns of communication, conflict resolution, and shared spiritual life.
- Couple-to-couple or parent-to-parent coaching relationships have proven to be very effective.

### **What Will We Learn at the Training?**

At the training you will:

- Become proficient in all facets of the Life in Motion Relationships Inventory
- Receive resources to equip couples and parents in the art of conflict resolution: The Change Process.
- Help couples recognize the grace that God has deposited into their relationships
- Model and equip couples and parents to effectively pray for each other.
- Increase couples' satisfaction in couple and parenting relationships.

### **Resources for Coaching?**



- **Online worksheets and growth plans**
- **Online coach session planning guides and feedback forms**
- **Coaching tips**
- **Online videos for training and support**
- **Online marriage & parenting seminars**